Midlab presents **HOW TO:**

properly WASH YOUR HANDS

1

Wet your hands with clean, running water (warm or cold)

2

Lather your hands by rubbing them together with the soap.*

*Be sure to lather the backs of your hands, between your fingers, and under your nails.

3

Scrub your hands for at least 20 seconds.*

*Need a timer? Hum the "Happy Birthday" song, beginning to end, twice.

4

Rinse your hands well under clean, running water.

5

Dry your hands using a clean towel.

for more info

visit **midlab.com** or call **800.467.6294**

MIDLAB® Everything Clean

MAXIM PLUS LABEL SYSTEM