

## **Covid 19 Update**

### **Menominee Tribal Clinic Incident Command**

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#### **Local Virus Updates:**

- **As of today, no active Covid infections on the Menominee reservation—continued GREAT news.**
- **But Shawano County—not so great. Case numbers continue to increase steadily. There are active cases in many areas of Shawano County, not just in the town of Shawano. Please use this information to decide where you visit, where you buy groceries, where you buy gas. Many people are not wearing masks or maintaining distance; which puts everyone else at risk.**
- **Neenah-Oshkosh area: BIG SPIKE OF CASES. Stay away!**

#### **National Virus Updates:**

- **Cases are increasing dangerously in Arizona, all over the state.**
- **Over-all 20 states are seeing rises in new daily cases—that's the wrong direction. Hospitals in Arizona and parts of Alabama are being overwhelmed (means delivery rooms are being turned into ICU beds, and doctors without ICU training are trying to care for ICU patients—THAT THOUGHT SHOULD ALARM YOU!)**
- **Not in news much anymore but gowns, and masks, and gloves are still hard to find. This will limit the amount of care clinics can offer.**

#### **Research news:**

1. Study out of U of CA-Berkeley showed countries and states which chose very restrictive stay at home orders saved many lives, many infections.
2. Study out of England and several others: the more people wear masks, the less transmission of virus there is, which means less death.
3. Multiple studies show hydroxychloroquine is not helpful. (one was retracted for a technical reason, not because the study was flawed).
4. Still no studies showing producing antibodies mean immunity from re-infection.
5. TAKE HOME POINTS: social distancing works, keep doing it; wearing masks works, keep wearing them; still no wonder drugs which save lives; still don't know if antibody tests mean anything useful.

**Points for Review:**

1. Most people who have Covid 19 only need to be in Isolation for 10 days. After that, they are not infectious and are free to live their lives (with masks and social distancing just like the rest of us)
2. Remember social media is a contagion of rumor and false information. Please don't believe all you read about Covid, about people, about people and Covid. Be cautious.

**Redundant Take Home Message: Social distancing and wearing masks are very effective tools. We have kept Covid from taking hold. Please keep up the hard work, it is paying off, but we can't let up!**