

The COVID 19 pandemic may be causing intense emotional reactions in people. If you are experiencing stress and/or anxiety due to the COVID 19 pandemic or if you would like mental health services for any reason, please contact the Menominee Tribal Clinic Behavioral Health Department directly at 715-799-5451 and ask to speak to a therapist.

Due to the COVID 19 precautions in place at the clinic we are not scheduling in-person sessions but the BH therapists are available by phone. You may call on an as needed basis or the therapist may ask you to complete a phone intake in order to schedule on-going phone sessions. If you are requesting psychiatric services you will need to speak to a therapist first. Appointments for psychiatric evaluations are decided on a case by case basis since these require an in-person visit to the clinic.

For urgent mental health concerns outside clinic hours, please call:

Menominee County Crisis: 715-799-3861

Shawano County Crisis: 715-526-3240

Oconto County Crisis: 920-834-7000

Brown County Crisis: 920- 436-8888

Text Hopeline: 741741

National Suicide Prevention Hotline: 800-273-8255

*****As always, if you have an immediate safety concern, please call 911*****

Thank you,
MTC Behavioral Health staff

Thanks,

**Jodi L. Opper MA, LPC, CSAC
BHS Director, Psychotherapist
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